

## My Planned Care Patient Information Platform

### Surgery & Cancer Division – Urology

### Trans-Urethral Resection of Prostate (TURP)

#### Introduction

Your Urologist has recommended a TURP procedure. This is a surgical procedure that involves cutting away a section of the prostate with diathermy (electric current), creating a wide channel to allow urine to flow more easily.

You will be provided with a written information leaflet that details your specific surgery when you attend Urology Outpatients (Ward 8).

If you do not receive written information please contact the Urology Outpatient Department, on 01270 612444.

#### Guidance for Patients

**A TURP operation is usually performed under General Anaesthetic, and you can expect to be in hospital for 1-3 nights.**

- The prostate is removed in small pieces, evacuated from the bladder by suction, and the chippings are sent for pathology analysis.
- Once the prostate has been removed, we carefully cauterise any bleeding points in the cavity left by the surgery.
- On average, the procedure takes between 45 & 60 minutes to complete
- A catheter is inserted into your bladder at the end of the procedure

**It is usually performed for one or more of the following reasons:**

- Problems with starting to urinate
- Waking up frequently during the night to urinate
- Being unable to empty your bladder fully
- A weak flow, or stopping and starting

#### What should I do if my health is deteriorating?

If you feel your symptoms are deteriorating, please contact your GP or NHS 111 for medical review in the first instance. Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your Urology team to discuss their findings in more detail and determine a management plan.

#### Contact Us

Admission Date - Please contact the Urology Scheduling Team 01270 613408