# **My Planned Care Patient Information Platform**

## **Breast Reconstruction**

# Introduction

You are awaiting a reconstruction of your breast. This could be for a number of reasons. A reconstruction of your breast is carried out under general anaesthetic in theatre. You may need to stay in hospital overnight or may be a day case.

#### **Guidance for Patients**

Whilst waiting for your operation you may need a further follow up appointment to check the site of reconstruction, there will be discussion in the Oncoplastic MDT meeting as to the best way to approach reconstruction and the time required in theatre. Whilst we apologise that you are may be waiting for a prolonged period this will not change your overall outcome.

https://breastcancernow.org/information-support/publication/breast-reconstruction-bcc7

# What should I do if my health is deteriorating?

If your symptoms worsen please try all methods above. If your general health worsens you may need to seek advice from your GP. If you feel you no longer need or wish to proceed with your surgery please contact our secretaries who will take you off the waiting list.

However if you are waiting for an operation and your symptoms change you should contact the Breast Care Nursing Team to discuss this with them.

### **Contact Us**

Breast Care nursing Team - 01246 512972 or <a href="mailto:creft.breastcarenursingteam@nhs.net">creft.breastcarenursingteam@nhs.net</a>