

Upper GI Surgery– Anti-reflux Surgery/Hiatus Hernia

Introduction

You are awaiting for anti-reflux/hiatus hernia surgery. This operation will be done under general anaesthetic in theatre. You will need to stay in hospital for approximately 3 days after your operation.

Guidance for Patients

Whilst we apologise that you may be waiting for a prolonged period of time, this will not change your overall outcome. We would not anticipate any significant deterioration in your condition, while you are waiting for your operation.

It is important to maintain you BMI below 30, as advised in the appointment with your consultant. You can access support for this on the My Planned Care Template for BMI calculator and Eat Well Guide.

What should I do if my health is deteriorating?

If your general health worsens you may need to seek advice from your GP.

If your symptoms change or deteriorate significantly then contact our CAO Team who will arrange a telephone consultation for you.

If you feel you no longer need or wish to proceed with your surgery please contact our CAO's who will take you off the waiting list.

Contact us

Upper GI and Vascular CAO Team on 01246 513134.