# **My Planned Care Patient Information Platform**



## TRAUMA & ORTHOPAEDICS – Anterior Cruciate Ligament Reconstruction

#### Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

Please read the following information in conjunction with the staying healthy guidance appropriate for your condition.

### **Guidance for Patients**

If the symptoms related to your knee are worsening – please see below for details of what to do.

Some people change their mind about having surgery. If you are not sure whether you still want or need to have it done, please contact the secretary of your named consultant to discuss this.

### What should I do if my health is deteriorating?

If you develop a sudden change in your symptoms, including new locking of the knee, it may be necessary to be clinically assessed. Please contact the secretary of your named consultant to inform them of the situation and they will bring this to their attention as necessary. If you cannot find the name of your consultant please contact any of the secretaries, as they will be able to direct your query in the most appropriate way.

#### **Contact Us**

Secretary to Mr Thompson: 02476965097 Secretary to Mr Shah: 02476965097 Secretary to Mr Smith: 02476965080 Secretary to Mr Metcalfe: 02476965064 Secretary to Mr Ramoutar: 02476965079