

## Pain Management Service – First Outpatient Appointment

### Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place.

### Waiting Times

As a guide, referral to treatment waiting times are available on the NHS [My Planned Care Website](#).

### Guidance for Patients

The Dudley Pain Service provides a multi-disciplinary approach to help people referred with chronic pain problems. We function as a multi disciplinary team involving different health professional working together. We run multidisciplinary new patient clinics involving Pain Physician, Physiotherapist, Psychologist and Clinical Nurse Specialist. Our team offers information, help and advice to patient and carers on the diagnosis and treatment of their conditions. We provide pain management (multi modal) and rehabilitate them to lead a productive life.

The pain management service is located across all three hospital sites i.e. Russell's Hall Hospital, Corbett Hospital & Guest Hospital.

### Conditions Treated

Please refer to the Pain Management service page of the Trust website, where there is a comprehensive list of the conditions treated:

[Pain Management - The Dudley Group NHS Foundation Trust \(dgft.nhs.uk\)](https://dgft.nhs.uk)

### Procedures Performed

Please refer to the Pain Management service page of the Trust website, where there is a comprehensive list of the procedures performed:

[Pain Management - The Dudley Group NHS Foundation Trust \(dgft.nhs.uk\)](https://dgft.nhs.uk)

### Alternative Services

Please refer to the Pain Management service page of the Trust website, where there is a wealth of information on alternative services available to help you live with chronic pain.

[Pain Management - The Dudley Group NHS Foundation Trust \(dgft.nhs.uk\)](https://dgft.nhs.uk)

# My Planned Care Patient Information Platform

## What should I do if my health is deteriorating?

The referral from your GP will have been reviewed and triaged by the team to grade your clinical priority based on the information in the referral.

If you are concerned that your condition or symptoms are deteriorating since you were referred to us, please contact the department. You will be asked the detail the changes in your condition/symptoms since seeing your GP at the time you were referred, and this will be passed to the clinical team will re-assess your priority.

In the case of needing emergency care or urgent review, please contact 111 or your own GP.

## Contact Us

Patient Management Centre: 01384 365100