**NHS
Royal Papworth Hospital
NHS Foundation Trust**

Cardiology: Coronary angioplasty

Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend Royal Papworth Hospital. The guidance has been written by clinicians.

This information is for patients who are having, or are due to have, treatment for narrowed or blocked coronary arteries (blood vessels that supply the heart muscle), known as a 'coronary angioplasty'; this may also include the use of a 'stent'.

Guidance for patients

While you are waiting, it is important that you keep healthy and well. This can also help you to recover better after you have had your coronary angioplasty procedure.

This includes things like:

- Taking any medication as prescribed
- Keeping as active as your condition allows (your clinician or GP can give you advice about this if you need it)
- Staying healthy by maintaining a healthy weight and, if relevant, by quitting smoking.

To help you prepare for your procedure and understand more about what will happen when you come in for your treatment, there is more information in the Trust's coronary angioplasty patient information leaflet (PI 39).

You can also visit www.royalpapworth.nhs.uk/patients-and-visitors/patient-information-leaflets and find it in the patient information leaflet list.

What should I do if my health is deteriorating?

Please contact your GP in the first instance. If you are experiencing chest pain, you should seek urgent medical help by calling NHS 111 or, in the case of an emergency, calling 999.

Contact us

The team at Royal Papworth Hospital is here to help and support you. If you need us, please contact our patient advice and liaison service (PALS) on 01223 638896, or by email at papworth.pals@nhs.net.