My Planned Care Patient Information Platform



Gynaecology

Introduction

Benign gynaecology is the surgical speciality that focuses on the female reproductive system and lower urinary tract. There are different sub- specialities within gynaecology such as Urogynaecology, which has a niche focus on the female lower urinary tract and prolapse of the pelvic organs; Reproductive medicine, which looks after the reproductive health and conditions such as endometriosis. Medical professionals specialising in the field of gynaecology are called gynaecologists and are trained to diagnose, treat, and manage patients with gynaecological disorders. The organs covered by gynaecology and urogynaecology include the uterus, the cervix, the fallopian tubes, the vagina but also urinary bladder and urethra in women.

Guidance for Patients

How you can support yourself while you wait for your procedure

Medication

Under the guidance from your specialist or GP, please continue your prescribed medication that may be helping to improve your situation whist waiting. This may involve medication to stop your periods, reversing your anaemia; or injections to shrink fibroids, making their treatment easier at your operation; or hormonal treatments for your endometriosis.

If you are on an oestrogen such as the combined pill or HRT including a medication called Tribone, please stop this 28 days prior to a confirmed date for surgery to reduce the risks of blood clots of the vessels in your legs or lungs at the time of your surgery.

What should I do if my health is deteriorating?

If you have not yet been seen by the service and feel that there is a change in your condition, then please contact your GP.

If you are an existing patient, please contact us using the details below.

If you are with the Endometriosis Service then you can also contact us via Add-tr.CEESU@nhs.net

Contact Us

Secretarial Team - 01223 586740

Admissions Co-ordinator 01223 217663

Clinic Co-ordinator 01223 216221

Divisional Support Manager 01223 348209