# **My Planned Care Patient Information Platform**



## **Colorectal Surgery**

#### Introduction

The Cambridge Colorectal Unit aims to provide a comprehensive specialist service to care for patients with colorectal disorders affecting the colon, rectum and anus. Patients will be guided by a dedicated team of doctors, specialist nurses and allied professionals through their encounter with the Unit from their first clinic visit, subsequent diagnostic tests and treatments including surgery if required.

Conditions treated by the team include: anal fissures, anal fistulas, anal and colon polyps, bowel incontinence, diverticular disease, haemorrhoids (piles), inflammatory bowel disease (Colitis and Crohn's), pilonidal sinus, pruritus ani (anal itchiness), rectal prolapse and colorectal cancer (cancer of the colon and rectum)

#### **Guidance for Patients**

Most patients will be awaiting an outpatient clinic appointment for assessment and discussion of management options for their bowel symptoms.

Information and advice can be found via the links below:

The website also has details of what symptoms you should discuss with your GP and when to seek urgent medical attention

https://www.nhs.uk/conditions/anal-fissure/

https://www.nhs.uk/conditions/anal-fistula/

https://www.nhs.uk/conditions/anal-pain/

https://www.nhs.uk/conditions/bowel-incontinence/

https://www.nhs.uk/conditions/diverticular-disease-and-diverticulitis/

https://www.nhs.uk/conditions/piles-haemorrhoids/

https://www.nhs.uk/conditions/inflammatory-bowel-disease/

https://www.nhs.uk/conditions/pilonidal-sinus/

https://www.nhs.uk/conditions/bowel-polyps/

Association of Coloproctology of Great Britain and Ireland Resources for Patients

https://www.acpgbi.org.uk/patients/

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### What should I do if my health is deteriorating?

If you are waiting for your first outpatient's appointment, please speak to your GP who can contact us and alert us to bring forward your appointment.

If you are an existing patient, please contact your consultant's secretary or your specialist nurse.

#### **Contact Us**

Medical Secretary to Mr James Wheeler, Mr Michael Powar and Miss Elizabeth Tweedle – 01223 216262

Medical Secretary to Mr Justin Davies, Miss Ioanna Panagiotopoulou and Mr Jon Morton – 01223 586701

Medical Secretary to Miss Nicola Fearnhead, Mr Atanu Pal and Mr Constantinos Simillis – 01223 348219

Medical Secretary to Mr Heman Joshi – 01223 217421

Colorectal Specialist Nurses: 01223 217923

Stoma Care Nurses: 01223 216505

Admission Co-ordinator: 01223 274347/01223 586982