

# My Planned Care Patient Information Platform

## Colorectal – Waiting well

### Introduction

The University Hospitals Bristol and Weston Trust Colorectal service provides a comprehensive and specialist service for the diagnosis and treatment of all colorectal conditions.

Our service consists of doctors from a range of specialties, including surgeons, anaesthetists, pathologists as well as clinical nurse specialist support.

#### These specialisms for the service include:

- Laparoscopic colorectal surgery
- Inflammatory bowel disease
- Pelvic floor, defaecatory obstruction disorders and faecal incontinence
- Colorectal cancer including recurrent colorectal and anal cancer
- Treatment of colonic and rectal benign polyps (TEMs, endoscopic resection, laparoscopic resection)
- Occult GI bleeding
- Combined urological/gynaecological/colorectal pelvic malignancy management
- Benign perianal conditions

#### Conditions we treat:

- Anal cancer
- Benign perianal conditions
- Colorectal cancer
- Complicated diverticular disease
- Faecal incontinence
- Incisional and parastomal hernias
- Inflammatory bowel disease
- Pelvic floor dysfunction

If you are waiting to be seen in the colorectal clinic advice on what to do whilst you are waiting is available at: [Health A to Z - NHS \(www.nhs.uk\)](https://www.nhs.uk/health-a-to-z) where you can search for advice on your particular condition.

### Guidance for Patients

Whilst you are waiting for your appointment there are some helpful websites to support with information such as:

The Pelvic Floor Society: <https://thepelvicfloorsociety.co.uk/>

## My Planned Care Patient Information Platform

Patient information: <https://thepelvicfloorsociety.co.uk/patient-information/patient-information/>

Crohns and Colitis UK: <https://www.crohnsandcolitis.org.uk/>

### What should I do if my health is deteriorating?

#### GP surgeries are still open

Please contact your GP surgery for advice if you feel your condition is deteriorating.

GP surgeries are still open but may be working differently to how they did before the COVID-19 pandemic. GP practices are utilising telephone, online and video consultations. Face-to-face appointments are still being given to those who need it.

GP surgeries can contact the department for advice if needed.

#### Urgent Health Advice

For urgent health advice about physical or mental health, when it's not an emergency, please call 111 from any landline or mobile phone. You can also visit [www.nhs.uk](http://www.nhs.uk). The NHS 111 service is available 24 hours a day, seven days a week.

#### Life Threatening Emergencies

For something life threatening – severe bleeding, breathing difficulties or chest pains – please dial 999.