

# My Planned Care Patient Information Platform



**University Hospitals  
Bristol and Weston**  
NHS Foundation Trust

## Adult Cardiac Surgery – Waiting Well

The COVID-19 pandemic has had a significant impact on the NHS' ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by Clinicians who are responsible for your care.

### Guidance for Patients

Whilst you are waiting for your operation, the Bristol Heart Institute website has useful information available online via the following link:

[www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-heart-institute-clinical-services/cardiac-surgery/](http://www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-heart-institute-clinical-services/cardiac-surgery/)

We recommend watching the "Your cardiac surgery journey" videos. These three videos help to explain what to expect at; Pre-operative assessment, The day of surgery and Recovery.

[www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-heart-institute-clinical-services/cardiac-surgery/cardiacsurgeryjourney/](http://www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-heart-institute-clinical-services/cardiac-surgery/cardiacsurgeryjourney/)

### What should I do if my health is deteriorating?

#### GP surgeries are still open

Please contact your GP surgery for advice if you feel your condition is deteriorating. GP surgeries are still open but may be working differently to how they did before the COVID-19 pandemic.

GP surgeries can contact the Bristol Heart Institute for advice if needed.

#### Urgent Health Advice

For urgent health advice, when it's not an emergency, please call 111 from any landline or mobile phone. You can also visit [www.nhs.uk](http://www.nhs.uk). The NHS 111 service is available 24 hours a day, seven days a week.

#### Life Threatening Emergencies

For something life threatening – please dial 999.

### Contact Us

Cardiac Admissions Office - 0117 342 9444 or [ubh-tr.cardiacadmissions@nhs.net](mailto:ubh-tr.cardiacadmissions@nhs.net)