

My Planned Care Patient Information Platform

Respiratory – Waiting well

Introduction

Respiratory deals with the investigation, diagnosis and management of people living with conditions affecting the respiratory system. The team at the Bristol Royal Infirmary care for adults of all ages and provide treatment for a wide range of respiratory conditions including asthma, COPD, lung cancer, Cystic Fibrosis, tuberculosis and sleep related breathing disorders.

Guidance for Patients

Whilst you are waiting for your appointment the British Lung Foundation website has information booklets and videos available online via the following links.

<https://www.blf.org.uk/>

Other good sources of information include

<https://www.asthma.org.uk/>

We know that lifestyle changes such as stopping smoking and losing weight can help with many respiratory conditions. There is lots of information on eating well, exercise and lifestyle changes on the following link:

[Live Well - NHS \(www.nhs.uk\)](http://www.nhs.uk)

What should I do if my health is deteriorating?

GP surgeries are still open

Please contact your GP surgery for advice if you feel your condition is deteriorating.

GP surgeries are still open but may be working differently to how they did before the COVID-19 pandemic. GP practices are utilising telephone, online and video consultations. Face-to-face appointments are still being given to those who need it.

GP surgeries can contact the Respiratory department for advice if needed.

Urgent Health Advice

For urgent health advice about physical or mental health, when it's not an emergency, please call 111 from any landline or mobile phone. You can also visit www.nhs.uk. The NHS 111 service is available 24 hours a day, seven days a week.

Life Threatening Emergencies

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For something life threatening – severe bleeding, breathing difficulties or chest pains – please dial 999.