

Surgical Division – Colorectal Surgery LAPAROSCOPIC ANTERIOR RESECTION

Introduction

Your Colorectal / General Surgeon has recommended a Laparoscopic Anterior Resection; an operation to remove part of your large bowel. You will be provided with a written information leaflet that details your specific surgery when you attend the Outpatients Department.

Guidance for Patients

In preparation for the operation you can expect:

- Admittance to hospital on the day of surgery, you are likely to be in hospital between one to two weeks.
- Routine tests to ensure you are fit for surgery.
- You may be given medication to clear your bowel and will be encouraged to drink water.
- You can drink clear fluids (no milk) up to 2 hours before surgery
- No solid food the day of your operation.

Are there alternatives to surgery?

You can choose whether or not to have surgery, and your doctor should explain to you the risks and benefits of your decision.

What can I do to help make the operation a success?

- Stopping smoking to reduce risk of developing complications and will improve your long-term health.
- Try to maintain a healthy weight, you have a higher risk of developing complications if you are overweight.
- Regular exercise should help prepare you for the operation, help you to recover and improve your long term health.

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance**. Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your Colorectal / General Surgery team to discuss their findings in more detail and determine a management plan.

Contact Us

Admission Date

Please contact The General Surgery Admissions Team 01514827903

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