

## Surgical Division - Urology

### Transperineal Prostate Biopsy

#### Introduction

Your Urologist has recommended transperineal prostate biopsy; a procedure to obtain small samples of prostate tissue under local anaesthetic. You will be provided with a written information leaflet that provide details about the procedure and alternative options when you attend Outpatient Urology appointment. [If you do not receive written information, please contact the Urology Department on 01516047477.](#)

#### Guidance for Patients

Common reasons for having a prostate biopsy:

- To check for prostate cancer
- As part of active surveillance if you already have a diagnosis of prostate cancer

While you are waiting for your procedure your Urologist may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

#### This may include:

- Lifestyle changes

#### What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance.** They will be able to advise if this is something they can support you with during your wait, or they will be able to direct you to the appropriate service to determine a management plan.

#### Contact Us

Admission Date: Please contact The Urology Admissions Team on 01514827766.

Emergency Advice: Please contact NHS 111