

Surgical Division - Urology

Transurethral Resection of Prostate (TURP)

Introduction

Your Urologist has recommended TURP; a bladder outlet obstruction operation to core out the prostate to improve flow of urine. You will be provided with a written information leaflet that provide details about the surgery and alternative options when you attend Outpatient Urology appointment. [If you do not receive written information, an online version is available on \[https://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/TURP%20for%20benign.pdf\]\(https://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/TURP%20for%20benign.pdf\).](https://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/TURP%20for%20benign.pdf)

Guidance for Patients

Common reasons for having a TURP include:

- Bladder outlet obstruction causing bothersome waterwork symptom or urine retention requiring catheter
- Bladder stone formation due to bladder outlet obstruction

While you are waiting for your procedure your Urologist may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

This may include:

- **Lifestyle changes – including weight loss, fluid management, bladder drill and pelvic floor exercise if appropriate depending on symptoms**
- **Medication to improve waterwork symptoms**
- **Intermittent self-catheterisation**

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance**. They will be able to advise if this is something they can support you with during your wait, or they will be able to direct you to the appropriate service to determine a management plan.

Contact Us

Admission Date: Please contact The Urology Admissions Team on 01514827766

Emergency Advice: Please contact NHS 111