

## Surgical Division – Colorectal Surgery

### HEMICOLECTOMY RIGHT LAPAROSCOPIC

#### Introduction

Your Colorectal / General Surgeon has recommended a Hemicolectomy Right Laparoscopic; a procedure in which a number of small incisions in your abdomen are made and specialist instruments guided by a camera are used to remove a section of your large bowel. You will be provided with a written information leaflet that details your specific surgery when you attend the Outpatients Department.

#### Guidance for Patients

The condition affecting part of your large bowel will be removed. In most cases this will give you the best chance of a cure or a significant improvement in your bowel problems.

Recognised benefits of keyhole (Laparoscopic) surgery include:

- Faster recovery time and earlier discharge
- Reduced post-operative pain
- Minimised scarring
- Early return of bowel function

It is highly unlikely that you will require a stoma following this operation. However, in a minority of cases the surgeon may decide that the bowel needs time to heal before it can be reattached. In this case it is necessary for waste products to be removed from your body by using a stoma.

#### Are there alternatives to surgery?

While you are waiting for your procedure your GP/Consultant may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

- Drinking more water
- Bland diet
- Lifestyle changes
- Medication

You can choose whether or not to have surgery, and your doctor should explain to you the risks and benefits of your decision.

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Version 1: September 2021



# My Planned Care Patient Information Platform

## What can I do to help make the operation a success?

- Stopping smoking to reduce risk of developing complications and will improve your long-term health.
- Try to maintain a healthy weight, you have a higher risk of developing complications if you are overweight.
- Regular exercise should help prepare you for the operation, help you to recover and improve your long term health.

## What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance**. Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your Colorectal team to discuss their findings in more detail and determine a management plan.

## Contact Us

Admission Date

Please contact The General Surgery Admissions Team 01514827903

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Version 1: September 2021

