

Medical Division- Endoscopy

Gastroscopy

Introduction

Your consultant or GP has recommended a Gastroscopy, which is a procedure to look at the inside of the oesophagus, stomach and duodenum using a thin flexible camera (endoscope). You will be provided with a written information leaflet that details specific instruction relating to your Gastroscopy. [If you do not receive written information please contact the Endoscopy Department, on 0151 604 7095.](#)

Guidance for Patients

Common reasons for having a Gastroscopy include:

- Difficulty in swallowing
- Pain on swallowing
- Weight loss
- Nausea/vomiting/reflux
- Anaemia
- Surveillance for conditions such as Barrett's oesophagus/chronic liver disease
- Ulcer healing
- Dyspepsia
- To obtain biopsies for a coeliac diagnosis

While you are waiting for your procedure your GP or consultant may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

This may include

- **Lifestyle changes**
- **Medication**

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance.** They will be able to advise if this is something they can support you with during your wait or they will be able to direct you to the appropriate service to determine a management plan.

Contact Us

Admission Date Please contact: The Endoscopy booking Team on 0151 604 7095
Emergency Advice: Please contact NHS 111