

Women's and Children's Division - Gynaecology Repair of Prolapse

Introduction

Your Gynaecologist has recommended a repair of your prolapse; an operation to tighten the support tissues of your bladder or bowel. You will be provided with a written information leaflet that details your specific surgery when you attend the Gynaecology Outpatients Department.

Guidance for Patients

Common reasons for having a prolapse repair include:

- Need to pass urine more frequently
- The feeling of not fully emptying your bladder
- Difficulty passing urine
- A bulge in your vagina causing discomfort

While you are waiting for your procedure your Gynaecologist may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

This may include:

- Pelvic floor exercises
- Physiotherapy
- Vaginal Support Pessary
- Lifestyle changes
- Medication

My Planned Care Patient Information Platform

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance**. Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your Gynaecology team to discuss their findings in more detail and determine a management plan.

Contact Us

A dedicated e-mail address for My Planned Care enquiries: soh-tr.so-mpcqueries@nhs.net