

Ophthalmology – Cataract Surgery

Introduction

Cataracts are when the lens of your eye, a small transparent disc, develops cloudy patches. If your optician has confirmed that you have cataracts you will be referred to a specialist eye doctor for an assessment. Cataract surgery involves replacing the cloudy lens inside your eye with an artificial one. At the assessment your doctor will discuss cataract surgery with you in detail and whether this is the right option for you.

Guidance for Patients

Whilst you are waiting for your procedure, it is important to maintain a healthy lifestyle. Please see our general health advice on the My Planned Care website.

What should I do if my health is deteriorating?

Cataracts generally cause a gradually progressive reduction in sight, any sudden reduction in sight or other symptoms such as flashing lights, floaters, a localised blind spot/shadow in your peripheral vision, distortion of your central vision particularly when looking at straight lines or redness or pain in your eyes would not be caused by cataract. If you experience any of these symptoms while waiting, you will need to seek help soon from your GP or optician.

Contact Us

A dedicated e-mail address for My Planned Care enquiries: soh-tr.so-mpcqueries@nhs.net