

Surgery & Cancer Division – Ear, Nose & Throat (ENT)

Mastoidectomy

Introduction

Your ENT Consultant has recommended a mastoidectomy which is a procedure to remove infected tissue from your middle ear and mastoid bone (this is the bump you can feel behind your ear). In most cases, the condition is caused by an ear infection which has spread to the bone behind your ear.

You will be provided with a written information leaflet that details your specific surgery when you attend the ENT Outpatients Department.

If you do not receive written information please contact the ENT Outpatient Department, on 01270 612206.

Guidance for Patients

A mastoidectomy is usually performed as a short-stay procedure under general anaesthetic

- The procedure will reduce the likelihood of you suffering complications from the infection spreading.
- Surgery is usually performed through an incision behind or in front of the ear. This can leave a scar, but it is hidden and usually heals well.
- A microscope and drill are used to open up the mastoid bone where the infected tissue can be accessed and removed.
- The cut is stitched up and you will usually have a dressing in your ear for three weeks.

What should I do if my health is deteriorating?

If you feel your symptoms are deteriorating, please contact your GP or NHS 111 for medical review in the first instance. Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your ENT team to discuss their findings in more detail and determine a management plan.

Contact Us

Admission Date - Please contact the ENT Scheduling Team 01270 273390