

Women and Children's Division – Gynaecology

Laparoscopic Hysterectomy

Introduction

Your Gynaecologist has recommended a laparoscopic hysterectomy where your womb is removed using instruments inserted through small cuts on your abdomen. You will be provided with a written information leaflet that details your specific surgery when you attend the Gynaecology Outpatients Department (Ward 25).

If you do not receive written information please contact the Gynaecology Outpatient Department, on 01270 612212.

Guidance for Patients

A hysterectomy is a major operation for a woman that's only recommended if other treatment options have been unsuccessful.

The most common reasons for having a hysterectomy include:

- heavy periods – which can be caused by fibroids
- pelvic pain – which may be caused by endometriosis, unsuccessfully treated pelvic inflammatory disease (PID), adenomyosis or fibroids
- prolapse of the uterus
- cancer of the womb, ovaries, or cervix

While you are waiting for your procedure your Gynaecologist may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

This may include:

- Medication
- Pelvic floor exercises
- Physiotherapy
- Lifestyle changes
- Intrauterine systems

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, please contact your GP or NHS 111 for medical review in the first instance. Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your Gynaecology team to discuss their findings in more detail and determine a management plan.

Contact Us

Admission Date - Please contact the Gynaecology Scheduling Team 01270 612069