My Planned Care Patient Information Platform



Women and Children's Division – Gynaecology Hysteroscopy

Introduction

Your Gynaecologist has recommended a Hysteroscopy an operation to investigate abnormal bleeding from your womb, especially heavy periods, and post-menopausal bleeding. You will be provided with a written information leaflet that details your specific surgery when you attend the Gynaecology Outpatients Department (Ward 25).

If you do not receive written information please contact the Gynaecology Outpatient Department, on 01270 612212.

Guidance for Patients

The most common reasons for having a hysteroscopy include:

- Post-menopausal vaginal bleeding
- Fibroids when the muscles of your womb become overgrown
- Polyps an overgrowth of the lining of the womb that looks like a small grape on a stalk.
- Unusual vaginal bleeding

While you are waiting for your procedure your Gynaecologist may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

This may include:

- Medication
- Lifestyle changes

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, please contact your GP or NHS 111 for medical review in the first instance. Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your Gynaecology team to discuss their findings in more detail and determine a management plan.

Contact Us

Admission Date - Please contact the Gynaecology Scheduling Team 01270 612069

