

Women and Children's Division – Gynaecology

Prolapse Repair

Introduction

Your Gynaecologist has recommended a repair of your prolapse; an operation to tighten the support tissues of your bladder or bowel. You will be provided with a written information leaflet that details your specific surgery when you attend the Gynaecology Outpatients Department (Ward 25).

If you do not receive written information please contact the Gynaecology Outpatient Department, on 01270 612212.

Guidance for Patients

You may not need any treatment if the prolapse is mild to moderate and not causing any pain or discomfort. Common reasons for having a prolapse repair include:

- Need to pass urine more frequently
- The feeling of not fully emptying your bladder
- Difficulty passing urine
- A bulge in your vagina causing discomfort

While you are waiting for your procedure your Gynaecologist may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

This may include:

- Pelvic floor exercises
- Physiotherapy
- Vaginal pessaries
- Lifestyle changes
- Medication

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance.** Your GP will be able to advise if this is something they can support with during your wait or they will be able to contact your Gynaecology team to discuss their findings in more detail and determine a management plan.

Contact Us

Admission Date - Please contact the Gynaecology Scheduling Team 01270 612069