

## Dermatology – Phototherapy

### Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

### Guidance for Patients

You have been listed for phototherapy treatment of your skin condition and you will be contact by the phototherapy team to arrange your appointments.

Whilst waiting for your appointment you are advised to continue with your topical treatment as advised in your last clinic appointment.

Please ensure that you let us know any changes to your contact details and medical treatment including any new medications prescribed for other conditions

### What should I do if my health is deteriorating?

If you feel that your skin condition is deteriorating please contact us on the email or telephone numbers below

If you require urgent medical attention you should contact NHS 111.

### Contact Us

If you wish to speak to us with regards to a concern, please contact us via email or telephone:

Email: [sath.dermatology.admin@nhs.net](mailto:sath.dermatology.admin@nhs.net)

Telephone: 01743 263041 – this will go straight to answerphone, but please leave a message as answerphone messages are monitored and responded to daily.