

Dermatology – First Outpatient Appointment

Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

Guidance for Patients

Your GP has referred you for advice on the treatment of your skin. While waiting for your appointment you are advised to continue with your current treatment as advised by your GP. If you have any concerns regarding your current treatment plan please contact your GP surgery for advice. Your GP will escalate concerns to the hospital, on your behalf, if they feel urgent advice or treatment is required.

What should I do if my health is deteriorating?

If you feel your condition is deteriorating please contact your GP in the first instance.

If your rash worsens and you develop new symptoms such as a raised temperature, shivering or sweats please contact NHS 111.

If you have been referred with a skin lesion please contact your GP if the lesion rapidly changes in size, colour or if there is any bleeding.

If you require urgent medical attention you should contact NHS 111.

Contact Us

If you wish to speak to us with regards to a concern, please contact us via email or telephone:

Email: sath.dermatology.admin@nhs.net

Telephone: 01743 263041 – this will go straight to answerphone, but please leave a message as answerphone messages are monitored and responded to daily.